

# eBooks About Bullying

Salt Lake City School District

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Title	Author	Interest Level	Reading Level
<b>Bullying with Words : Teasing, Name-calling, and Rumors</b> Examines verbal bullying, what it is, why people bully, how to get help, and how to rebuild self-esteem.	Ferguson, Addy	3-6	5.4
<b>Bystander Power : Now with Anti-bullying Action!</b> Defines bullying, explains the serious dangers of bullying, and explores ways to stop bullies.	Goldstein, Phyllis	3-6	5.7
<b>Cyber Bullying</b> Examines the issue of cyberbullying, describing its various forms and how it can affect individuals and society as a whole, discussing related controversies, and providing tips and ideas to deal with and prevent cyberbullying.	Hunter, Nick	5-8	8.2
<b>Dealing with Bullying</b> Describes what is mean by bullying; then goes on to explain why bullies act as they do, how to deal with them, and how to stop being one.	Johnston, Marianne	K-3	3.9
<b>Group Bullying : Exclusion and Ganging Up</b> Examines bullying by exclusion or ganging up, what it is, why people bully, how to get help, and how to rebuild self-esteem.	Ferguson, Addy	3-6	5.8
<b>Kids Talk About Bullying</b> Fifth-grader Sam Strong talks to kids about bullying, offering simple advice on the best ways to respond to different types of bullies.	Finn, Carrie	K-3	3.1

<p><b>Bullying</b> Examines different aspects of bullying, describing specific steps targets can take to avoid various types of bullying, and provides examples of specific bullying tactics, how people become bullies and victims, proactive methods for handling and overcoming problem situations, including those for bystanders.</p>	Hile, Lori	5-8	8.2
<p><b>How to Beat Physical Bullying</b> The 411 on physical bullying -- Meet the physical bullies -- Strategies for victims and bystanders - Society's responsibilities and bullying.</p>	Hanson-Harding, Alexandra	5-8	6.6
<p><b>How to Beat Psychological Bullying</b> Examines how bullies gain control, taking back your power, and ending the vicious cycle.</p>	Landau, Jennifer	5-8	8.0
<p><b>How to Beat Verbal Bullying</b> Examines why bullies use words as weapons and how to cope with verbal bullying.</p>	Sonneborn, Liz	5-8	7.5
<p><b>Cyber Bullying</b> Discusses cyberbullying, including what it is, how it happens, and how to avoid it.</p>	Stuckey, Rachel	5-8	
<p><b>Online Bullying</b> Describes the causes and effects of online bullying.</p>	Ferguson, Addy	3-6	6.2
<p><b>What You Can Do to Stop Bullying</b> Examines what bullying is, the effects of bullying, and the way it can be stopped or be prevented.</p>	Ferguson, Addy	3-6	5.9
<p><b>A Smart Kid's Guide to Online Bullying</b> Introduces the dangers of online bullying to young readers, discusses how and why bullies try to intimidate others on the Internet, and provides advice on how to avoid and thwart the negative aims of cyber bullies.</p>	Jakubiak, David	3-6	
<p><b>Are You a Bully?</b> Bullies who want to change their behavior will find a wealth of useful information presented in accessible text. The focus is on rehabilitation, including whom to ask for help, how to make it right with victims, and how to channel feelings in positive ways. Readers will learn how one's actions affect others and the importance of being respectful of others.</p>	Ferguson, Addy	3-6	
<p><b>Are You a Bully?</b> Explains ways in which bullies act and asks readers to consider different scenarios involving bullying.</p>	Williams, Sam	K-3	
<p><b>Be Nice Online</b> Simple text and colorful illustrations show how to safely use the Internet and how to avoid cyber bullying.</p>	Miller, Shannon	K-3	1.5

<b>A Bully-free Bus</b> Explains what to do about bullying on the school bus.	Hall, Pamela	K-3	2.9
<b>A Bully-free Playground</b> The students at Niceville Elementary School are learning what bullying is, how to stand up to bullies, when to report a situation, and how everyone can help to stop bullying everywhere.	Hall, Pamela	K-3	2.8
<b>A Bully-free School</b> Explains what to do about bullying at school.	Hall, Pamela	K-3	3.6
<b>Bullying</b> Examines different aspects of bullying, describing specific steps targets can take to avoid various types of bullying, and provides examples of specific bullying tactics, how people become bullies and victims, proactive methods for handling and overcoming problem situations, including those for bystanders, and more.	Hile, Lori	5-8	8.4
<b>Bullying</b> Presents an overview of the research concerning the causes, symptoms, and prevalence of bullying.	Kuykendall, Sally	Young adult	
<b>Bullying</b> Provides comprehensive information on bullying, including first-person interviews, signs, physical and emotional dangers, recovery, and solutions	Marsico, Katie	Young adult	
<b>What To Do If You Are Bullied</b> Examines bullying, and provides strategies to help children get the bully to stop and to rebuild self-esteem.	Ferguson, Addy	3-6	5.8
<b>Bullying</b> Describes bullying, suggests ways to stop bullying and discusses how and why bullies hurt people.	Raatma, Lucia	K-3	2.7
<b>How to Beat Cyberbullying</b> Examines cyberbullying, describing specific steps targets can take to avoid this type of bullying, and provides examples of specific bullying tactics, how people become cyberbullies and victims, proactive methods for handling and overcoming problem situations, including those for bystanders, and more.	Peterson, Judy	5-8	6.7
<b>The Little Bully</b> When Fred makes fun of Billy at school, Billy has to learn how to deal with his friend's bullying.	Bracken, Beth	K-3	1.5
<b>Loudmouth George and the Sixth-grade Bully</b> After having his lunch repeatedly stolen by a bully twice his size, Loudmouth George and his friend Harriet teach the bully a lesson he'll never forget.	Carlson, Nancy	K-3	3.4

<b>Mind Your Manners Online</b> Explains how to use good and polite behavior while using the Internet, covering privacy, blogging, and online bullying.	Cornwall, Phyllis	K-3	2.9
<b>Online Bullying</b> Examines the nature of online bullying, looks at related laws, discusses prevention methods, and explains how to gather documentation of online bullying.	Ryan, Peter	Young adult	
<b>Physical Bullying</b> Discusses physical bullying, including what it is, how it happens, how to avoid it, and more.	Rivkin, Jennifer	5-8	6.3
<b>Social Bullying</b> Discusses social bullying, including what it is, how it happens, how to avoid it, and more.	Webb, Margaret	5-8	6.3
<b>The Three Bully Goats</b> Billy goat brothers Gruff, Ruff, and Tuff are bullies who rule their meadow, but when they cross Little Ogre's bridge and are mean to the baby animals on the other side, they are in for a surprise.	Kimmelman, Leslie	K-3	2.9
<b>Verbal Bullying</b> Discusses verbal bullying, including what it is, how it happens, how to avoid it, and more.	Rivkin, Jennifer	5-8	6.4
<b>Ted's Week : A Lesson on Bullying</b> Ted is a hedgehog. Ted's friends help him after they find out he is being bullied by the blue jays.	Barchers, Suzanne	K-3	2.0